

POINTE SHOE FIELD TRIP

DATE: Sunday, January 19th

TIME: 11:00am-1:00pm – dancers will be booked in 20 minute blocks; please visit the google doc link to sign up for your pointe shoe fitting time

LOCATION: Inspirations Dancewear & Costumes – 180 St. Leger Street

DETAILS: We have organized a group pointe shoe fitting at INSPIRATIONS for all beginning pointe students. Carousel staff will be on hand to assist with the fitting of pointe shoes.

Please be sure to sign up for your fitting time by using the google docs link. Each dancer will be responsible for his/her own transportation.

To prepare for the trip to Inspirations please note the following:

- Please allow 30-45 minutes for your pointe shoe fitting.
- Depending on the style of pointe shoes that fit your feet best, the price ranges from \$70-\$120 per pair. Additionally, dancers will need to purchase “ouch pouches” (toe padding) - \$26-\$34 and ribbons – starting at \$5.50; some dancers may also be required to purchase toe spacers or toe covers which are approximately \$9.00
- If you wear tights to the fitting, they **MUST** be convertible foot tights
- Be sure that your toenails are trimmed short (and straight) to ensure a proper fitting.
- Be sure to wear pants that can be rolled up so that the fitters can see your calves and ankles.

Although it is preferable to attend the group pointe shoe fitting, if you are not able to attend on this day, it is possible to book an alternative time for your pointe shoe fitting. Please call Inspirations 519-743-6699.



CAROUSEL
DANCE CENTRE INC.